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*During all in class videos, students will take notes on behaviors, communication styles, and communication they recognize pertaining to the chapter being covered for discussion as a class.*

*All Quizzes and Exams are online. Quizzes are handled on student time and must be completed before the next class.*

- *You are permitted to take Quizzes (2x) twice. The first time is without support materials to check for comprehension, the second with support materials, notes, and textbook. Highest of the two will be posted.*
- *Mid-Term & Final Exams are taken IN CLASS between 9-10am ONLY (for Morning Classes) & 1-2pm ONLY (for afternoon classes) on scheduled class days and students should check the portal for details on the location of the exams.*

### **Week 1 – Chapter 1**

- Class Warm-up: Autobiography Party: See Handout
- Course overview
  - ▶ General Education PowerPoint
  - ▶ Overview of Personal Growth Journal Project
- Lecture on Chapter 1: A Look at Interpersonal Relationships
- Interactive Exercises:
  - ▶ Ice Breaker Exercise: First names are important!
  - ▶ Dyad exercise: Students pair up, interview each other, find three to five interesting facts about their partners, and then introduce partners to class.
  - ▶ Matching Life Experiences: Students fill out index cards relaying something extravagant they've done that they think no one else has done.
    - ◆ They relay the information to the class allowing others the opportunity to state whether or not they've done the same.
- In Class Video: **About Schmidt** (2:04 | 2002)
  - ▶ Review concepts regarding the importance of interpersonal communication
- In Class Assignments
  - ▶ Page 25 of the textbook
  - ▶ Communication Skills Self-Assessment
- Homework Assignment
  - ▶ Read Chapter 2
  - ▶ Journal #1 (Due Weekly)

### **Week 2 – Chapter 2**

**Journal #1 DUE**

- Class Warm-up: Getting to Know Each Other
- Lecture on Chapter 2:
  - ▶ Chapter 2: Communication and Identity: The Self and Messages
- Suggested Interactive Exercises:
  - ▶ Group Activity Presentation (Group CH. 2)
  - ▶ *Take Away* (Invitation to Insight, text, p.41- 42)
  - ▶ Interpersonal Interviews : Biggest Ego-Booster
  - ▶ Self-Monitoring Inventory (*Invitation to Insight*, text, p. 71)
- In Class Video: **About Schmidt** (continued)
  - ▶ Discussion & relevance to material regarding the importance of interpersonal communication
- Homework:
  - ▶ Prepare for quiz on Chapter 2
  - ▶ Journal #2 (Due Weekly)
  - ▶ Read Chapter 3

**Week 3 – Chapter 3**

**Journal #2 & Chap 2 Quiz DUE**

- Quiz on Chapter 2 DUE
- Lecture on Chapter 3: Perception: What You See Is What You Get
- Suggested Interactive Exercises:
  - ▶ *Your Perceptual Filters* (Invitation to Insight, text, p. 86)
  - ▶ Group Activity Presentation (Group CH. 3)
- In Class Video: **Crash** (1:52 | 2004)
  - ▶ Students will review and relay concepts learned regarding stereotypes.
  - ▶ Role Reversal Exercise: Page 112 of the Instructor’s Resource Manual
- In Class Assignments
  - ▶ Page 63 of the textbook
- Homework:
  - ▶ Prepare for quiz on Chapter 3
  - ▶ Journal #3 (Due Weekly)
  - ▶ Read Chapter 4

**Week 4 – Chapter 4**

**Journal #3 & Chap 3 Quiz DUE**

- Quiz on Chapter 3
- Finish Video: **Crash**
  - ▶ Review Concepts in relation to Video & Chapter 3 (Discussion)
- Lecture on Chapter 4: Emotions: Thinking, Feeling, and Communicating
- Interactive Exercises:
  - ▶ Emotions Game: Students draw paper listing an emotion out of a bag. They then act out the emotion while others try to guess it.
  - ▶ Group Activity Presentation (Group CH. 4)
- Class Video: **Garden State** (1:49 | 2004)
  - ▶ Students will review and relay concepts learned regarding the significance of expressing emotions
- In Class Assignments
  - ▶ Page 125 of the textbook
- Homework:
  - ▶ Prepare for quiz on Chapter 4
  - ▶ Journal #4 (Due Weekly)
  - ▶ Read Chapter 5

**Week 5 – Chapter 5**

**Journal #4, Chap 4 Quiz, & 1<sup>st</sup> Video Review/Project Due**

- Quiz of Chapter 4
- Lecture on Chapter 5: Language: Barrier and Bridge
- In Class Video: **Mean Girls** (1:37 | 2004) or **Nell** (1:53 | 1994)
  - ▶ Students will review and relay concepts learned regarding linguistic convergence
  - ▶ Class discussion on different cultures in the classroom and the similarities and differences between the cultures.
  - ▶ Words that Hurt and Heal Exercise: Page 113 of the Instructor’s Resource Manual
- In Class Assignments
  - ▶ Group Activity Presentation (Group CH. 5)
- Homework:
  - ▶ Prepare for Mid-term (Chap 1-5)
  - ▶ Journal #5 (Due Weekly)
  - ▶ Read Chapter 6-7

**Week 6 – Chapter 6-7**

**Journal #5 & MID-TERM EXAM Due**

- In Class Assignments
  - ▶ Mid-term (Chap 1-5)
- Lecture on Chapter 6: Nonverbal Communication: Messages Beyond Words
- Lecture on Chapter 7: Listening: More Than Meets the Ear
- Suggested Interactive Exercise:
  - ▶ Distance Exercise: Instructor will provide direction.
- In Class Video: ***Mrs. Doubtfire*** (2:05 | 1993)
  - ▶ Students will review and relay concepts learned, reflecting on communication and gender roles, masculine and feminine nonverbal behavior
- In Class Assignments
  - ▶ Page 178 of the textbook
  - ▶ Group Activity Presentation (Group CH. 6)
- Homework:
  - ▶ Journal #6 (Due Weekly)
  - ▶ Read Chapter 7 & Chapter 8

**Week 7 – Chapter 8**

**Journal #6 & Chap 6 Quiz DUE**

- Lecture on Chapter 8: Communication and Relational Dynamics
- Interactive Exercise:
  - ▶ Listening: team exercises in class
- In Class Video: ***SpanGLISH*** (1:33 | 2004)
- In Class Assignments
  - ▶ Complete Page 260 in the textbook
  - ▶ Group Activity Presentation (Group CH. 7)
  - ▶ Group Activity Presentation (Group CH. 8)
- Homework:
  - ▶ Prepare for test on Chapter 7-8
  - ▶ Journal #7 (Due Weekly)
  - ▶ Read Chapter 9

**Week 8 – Chapter 9**

**Journal #7 & Chap 7 Due**

- Quiz on Chapter 7 DUE – Quiz for Chapter 8 & 9 are extra credit!!
- Lecture on Chapter 9: Intimacy and Distance in Relational Communication
- Suggested Interactive Exercise
  - ▶ Divide class by gender and allow each group to construct up to 10 questions they want to ask the opposite sex. Questions must not be in poor taste. Participants must not respond in a derogatory manner to each other. (Look for ways in which males and females respond to issues raised.)
- In Class Assignments
  - ▶ Complete Page 340 in the textbook
  - ▶ Group Activity Presentation (Group CH. 9)
- In Class Video: ***Annie Hall*** (1:33 | 1977) or ***About A Boy*** (1:41 | 2002)
  - ▶ Students will review and relay concepts learned, reflecting on intimacy and distance in relational communication, couple dynamics, and improving communication climates.
- Homework:
  - ▶ Prepare for test on Chapter 9
  - ▶ Journal #8 (Due Weekly)
  - ▶ Read Chapter 10

**Week 9 – Chapter 10**

**Journal #8 & 2<sup>nd</sup> Video Review/Project Due**

- Quiz on Chapter 8& 9 are Extra Credit!
- Lecture on Chapter 10: Improving Communication Climates
- Suggested Interactive Exercise
  - ▶ Divide class by gender and allow each group to construct up to 10 questions they want to ask the opposite sex. Questions must not be in poor tastes. Participants must not respond in a derogatory manner to each other. (Look for ways in which males and females respond to issues raised.)
- In Class Assignments
  - ▶ Complete Page 340 in the textbook
  - ▶ Group Activity Presentation (Group CH. 10)
- In Class Video: ***sex, lies, and videotape*** (1:41 | 1989)
  - ▶ Students will review and relay concepts learned, reflecting/discussing intimacy and distance in romantic and family relationships as presented in class
- Homework:
  - ▶ Prepare for test on Chapter 10
  - ▶ Summary Journal #9 (Final Journal Entry)
  - ▶ Read Chapter 11

**Week 10 – Chapter 11**

**Journal #9 Due**

- Lecture on Chapter 11: Managing Interpersonal Conflicts
- Suggested Interactive Exercise
  - ▶ Understanding Conflict Styles (Invitation to Insight, text, p. 382 and 11.1 in the Student Activities Manual)In Class Assignments
  - ▶ Your Conflict Rituals (Invitation to Insight, text, p. 383)
  - ▶ Group Activity Presentation (Group CH. 11)
- In Class Video: ***War of the Roses*** (1:56 | 1989) or ***American Beauty*** (2:02 | 1999)
  - ▶ Students will review and relay concepts learned, reflecting on managing interpersonal conflicts as presented in class
- Homework:
  - ▶ Prepare for Final Exam
  - ▶ Last Day for ANY LATE Assignments

**Week 11– Final Exam**

**Journal #10 Due**

- Discussion group on course, personal learning, and final questions before Final
- Final Exam (Chapters 7-10)
- Complete Video and final discussion group on overall learning & video significance on Interpersonal Communication.

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