

Assessment - Student Success

HANDOUT #1. Instructions for Writing A Journal Paper Based On The Results Of The Self-Assessment

This is the first of several “Journal” assignments in which you will be asked to reflect inwardly on your current attitudes and behaviors. This Self-Assessment Assignment will allow you to obtain and reflect on your scores in the “8 Areas of Student Success.” First, take the self-assessment for free on the Internet at the link provided in the portal.

Below are the technical requirements for this assignment:

1. Paper must be typed, double-spaced, 12 point font
2. Minimum of 3 (full) pages, 1” margins

The quality of your paper will be determined by the amount of honest reflection and effort you put into your paper. There are no right or wrong responses. Each student is an individual with different strengths and weaknesses. Opportunity for new strategies of self-improvement is available through this assignment. Be SPONTANEOUS, HONEST, CREATIVE, and DIVE DEEP!

DIRECTIONS FOR WRITING YOUR JOURNAL ENTRY:

After taking the Self-Assessment, begin your paper with your name, class time, and date in the upper left hand corner, and provide a centered title: “Self-Assessment: 8 Areas of Student Success.”

Begin writing in paragraph style about the areas on the Self-Assessment in which you had your highest scores. Explain why you think you scored higher in these areas than in others. Also, explore how you feel about these scores. Your entry might begin, “By doing the self-assessment, I learned that I...”

In the next section, write about the areas on the self-assessment in which you had your lowest scores. Explain why you think you scored lower in these areas than in others. Also, explore how you feel about these scores. Remember the saying, “If you keep doing what you’ve been doing, you’ll keep getting what you’ve been getting.” With this thought in mind, write about any specific changes you’d like to make in yourself during this course. Your entry might begin, “By doing the self-assessment, I also learned that I...”

Then write about any areas that were not addressed in the previous sections of your paper. Make sure you address all eight areas of Student Success.

In closing, write about whether this assignment was valuable to you, and if so, in what ways. In particular, what commitments for new behavior will you make based on this self-assessment?